



**Erasmus+**

***„ERASMUS MINUS BULLYING.  
PRACTICES IN PREVENTION AND INTERVENTIONS IN EUROPEAN  
SCHOOLS  
E.M.B.***

**PRACTICES OF SOLVING  
PROBLEMATIC AND CONFLICT CASES  
AT *PEYO YAVOROV* SCHOOL,  
VARNA, BULGARIA**

# Methods for overcoming misbehaviour and bullying at school

- The ambition for creating an environment without aggression is a characteristic of our whole school community ;
- The main focus in preventing any cases of aggressive conduct is the help for the students' personal growth:
  - improving the level of students' self-respect;
  - focusing on the crucial role of the family;
  - developing students' social skills;
  - students' involvement in interesting activities;
  - raising students' responsibility and concern;
  - developing different solutions and emotional reactions in conflicts.

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**The main idea is to transform the intolerant behaviour and substitute it with positive models which can satisfy the students' needs in socially acceptable way**

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➤ **PRACTICES FOR PREVENTION** They include methods by means of which students are encouraged to take responsibility for their conduct:

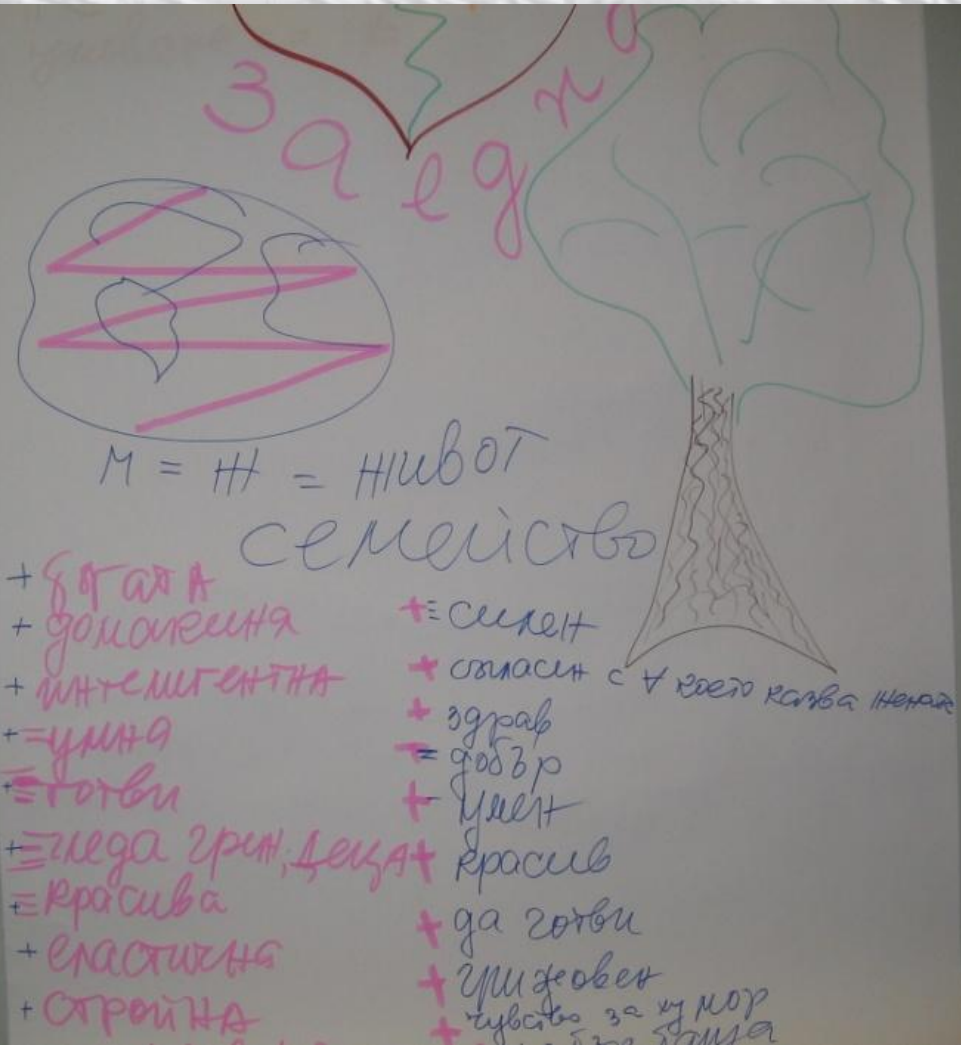
- Trainings for personal development;
- Joining the *International Day of the Pink T-shirt*;
- Various activities as part of the program called *Equality of sexes*;
- Our school received an award in the National contest “School without aggression and stereotypes based on sex”;

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Students attach their positive messages on the *Day of the Pink T-shirt*



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- The participation in trainings enriches students' knowledge, activates their creativity, helps them find the answers to many questions, and involves them in new challenges;

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- Students of different ages take part in role plays which teach them to be tolerant in all fields of their social life;

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- Forum theatre has a great effect on students' attitude towards their environment. They state the problems themselves and look for alternative solutions;





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- *Peers Teach Peers* is another preferable approach;
- The students are interested in trainings for acquiring knowledge and skills in developing the assertive behaviour;
- Books are not only a source of information but an instrument for enriching one's personality. They show positive models of communication. Once the students get involved in the idea they are not just passive observers but become "directors" of the fictional material as part of the process of creation.

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## ➤ PRACTICES FOR INTERVENTION

- At *Peyo Yavorov* School we have a School policy for overcoming misbehaviour and conflicts;
- There is a School committee for reaction against students' antisocial behaviour.  
Its role is to encourage the acts of tolerance and good communication at school;

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- **In a case of a conflict:**
  - The first step is to work on class level, in the particular class of students : group work, discussions together with the school psychologist;
  - The second step is on school level: to apply the rules of the school and the national regulations in the sphere of education – there is a Procedure for reaction in conflict situations;
  - The third step is to involve the parents community.

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- In a case of further difficulties or unsolved conflicts our school can cooperate with other partners outside the school: non-governmental organizations and municipal departments;
- We have not had such cases at our school and we have not used the help of out-of-school mediators.

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## ➤ FURTHER IDEAS:

- To create the feeling that every student is important, respected and loved;
- To involve more adults as bearers of positive models of behaviour in the work with students;
- To focus on the right to work for everyone which supposes satisfaction as a result of the completed task or product;
- To restore and strengthen the contact parents – children;
- To create an atmosphere of intolerance towards misbehaviour and aggression.

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- To start an initiative called *Listen to Each Other*;
- *A Class Without Bullying* contest;
- Trainings for introducing positive transactions:
  - *I am good – you are good*
  - *We are good – they are good, etc.;*
- To continue organizing meetings and trainings with out-of-school specialists.

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*Thanks for your attention!*